



## SIGNING UP FOR AN EVENT

The Hypertrophic Cardiomyopathy Association offers support and educational events to assist the HCM Community. Events, including our online discussion groups, webinars, and more, are available on our [4hcm.org](http://4hcm.org) website. Most of these events are free to attend!

**\*\*Note:** If you are signing up for a virtual event, the HCMA uses the Zoom platform.  
**You must have a Zoom account to participate.**

Zoom offers a free account that is more than suitable to participate in our virtual meetings/events. If you do not have a Zoom account, go to <https://zoom.us> and click on the “Sign Up” button.

**IMPORTANT: There is a difference when signing up for a Zoom *Meeting* event (ex. Online Discussion Groups) versus a Zoom *Webinar* event.**

**A Zoom *Webinar* event (ex. Bighearted Warriors Unite) will require an additional few steps in the registration process before you get the meeting link.**


These differences are highlighted toward the end of this document, so be sure to check so you do not experience any difficulties getting into a *meeting* or *webinar*.

To sign up for any event on our event calendar, navigate to <https://4hcm.org/calendar/>.

1. **You can select the event you would like to attend by clicking the event title right from the calendar, as seen below.**


5	6	7	8	9	10	11
FIRST ANNUAL BIGHEARTED VIRTUAL 5K						
	6:30p Transplant Pathway	12p Emotional Support Disc	More Events >	6p UPMC Bighearted War		
				7p HCM Symptoms Disc		
12	13	14	15	16	17	18
FIRST ANNUAL BIGHEARTED VIRTUAL 5K						
	5:30p Pre-myectomy Free	7p Emotional Support Disc				
19	20	21	22	23	24	25
FIRST ANNUAL BIGHEARTED VIRTUAL 5K						
	7p Life with HCM General	7p All Things Myectomy w	7p ICD Discussion Group w		11:30a George Dooley Me	
26	27	28	29	30	1	2
FIRST ANNUAL BIGHEARTED VIRTUAL 5K						
		7p ICD Discussion Group w	7p HCM Diagnostic Journe			
3	4	5	6	7	8	9
FIRST ANNUAL BIGHEARTED VIRTUAL 5K						
	5:30p Transplant Pathway	6p HCMA Legislative Adv	1p HCMA Legislative Adv	6:30p Newly Diagnosed O		

2. **Once you have confirmed the event you would like to attend, click the “Register” button.**



Hypertrophic Cardiomyopathy Association  
Serving the HCM Spectrum Disorder Community Since 1996


[f](#) [t](#) [in](#) [v](#)

 English

[MEMBERSHIP](#) [MEMBER LOGIN](#)

[GETTING STARTED](#) [THE HCM JOURNEY](#) [PROGRAMS](#) [RESOURCES](#) [ABOUT THE HCMA](#) [DONATE](#)

## ICD DISCUSSION GROUP WITH HOSTS SYDELLE ZINN AND KAREN NEWSTROM – FREE ONLINE DISCUSSION GROUP

 SEP 29, 2021 7:00PM—8:00PM

Location

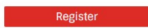
Cost: 0.00

Categories: [Support Group](#)

Meet online discussion group leader, Sydelle Zinn. Sydelle was diagnosed with HCM at 53, after she became lightheaded on a trip to the zoo. Her cardiologist made HCM real to her — no alcohol, no caffeine! — and she received a septal myectomy in June 2010. Sydelle lives in Cleveland with her husband, a professor. They have one daughter. She formerly worked at the National Institutes of Health, and is currently a volunteer in Cleveland's Jewish community. For years, the HCMA has helped Sydelle navigate HCM. As a discussion group leader, she hopes to reassure people new to HCM that we can live with this disease.

Online discussion group leader, Karen Newstrom, welcomes you! Karen is 62 years old, married, a mother of five and grandmother to eight. She taught for eighteen years, seventeen in kindergarten. In her retirement, she enjoys playing oboe and substitutes when needed. Two of Karen's brothers died at age 20 and 34 from HCM. Her father lived with it until 84. Two of Karen's adult children have it, along with one grandchild and a niece. Karen was diagnosed as an adult and received an ICD due to family history. It has fired appropriately eight times! In 2010 she had a successful myectomy. Karen's hope is to give others encouragement on their HCM journey.

“PLEASE NOTE: OUR DISCUSSION GROUP LEADERS ARE VOLUNTEERS AND DEDICATE THEIR PERSONAL TIME TO ASSIST OUR HCM COMMUNITY. PLEASE BE MINDFUL AND BE SURE TO MARK YOUR CALENDAR WITH YOUR MEETING DATE/TIME AS WE HAVE HAD SOME “NO SHOWS” AND YOUR SLOT COULD BE USED FOR OTHERS WHO MAY WANT TO ATTEND. IF YOU NEED TO CANCEL, PLEASE EMAIL [support@4hcm.org](mailto:support@4hcm.org). THANK YOU!!



3. From this next screen, you will fill in your registration information. Be sure to enter the proper email address, as the confirmation email will be sent to this email address after registration is complete!

The screenshot shows the HCMA Event Registration page. The URL is <https://secure.4hcm.org/np/clients/4hcm/eventRegistration.jsp?event=373>. The page features the HCMA logo and navigation links: GETTING STARTED, THE HCM JOURNEY, PROGRAMS, RESOURCES, ABOUT THE HCMA, and DONATE. The event details are: Transplant Pathway Discussion Group - Host Lisa Salberg, 10/04/2021 07:30 PM - 08:30 PM ET. The registration form includes fields for First Name, Last Name, Email, Day Phone, Address, City, State (dropdown), Zip, and Number of Attendees. A checkbox for "Include myself as an attendee" is present, with a "Continue" button. A note indicates that asterisks (\*) denote required fields.

4. From this screen you will confirm the Attendee name(s). Once confirmed, click the "Next" button.

The screenshot shows the HCMA Attendee Confirmation page. The URL is <https://secure.4hcm.org/np/clients/4hcm/eventRegistration.jsp?event=373>. The page features the HCMA logo and navigation links: GETTING STARTED, THE HCM JOURNEY, PROGRAMS, RESOURCES, ABOUT THE HCMA, and DONATE. The event details are: ICD Discussion Group with Hosts Sydelle Zinn and Karen Newstrom - Free Online Discussion Group, 09/29/2021 07:00 PM - 08:00 PM ET. The page asks for information about the people attending the event. The first attendee is listed as "Attendee 1". The form includes fields for First Name (Ross), Last Name (Hadley), and Email (ross.hadley@gmail.com). A "Next" button is highlighted with a yellow circle, and a "Previous" button is also visible.

5. The next screen, as seen below, is your Event Registration Summary. Once you check that everything is accurate, click on the “Complete Registration” button.

English

MEMBERSHIP MEMBER LOGIN

GETTING STARTED THE HCM JOURNEY PROGRAMS RESOURCES ABOUT THE HCMA DONATE

## EVENT REGISTRATION SUMMARY

Please review your registration information before proceeding to the payment page.

EVENT: ICD DISCUSSION GROUP  
WITH HOSTS SYDELLE ZINN AND  
KAREN NEWSTROM – FREE ONLINE  
DISCUSSION GROUP

09/29/2021 07:00 PM - 08:00 PM ET

Attendee	Admission	Amount
Attendee: L. Ross Hadley	Event Admission Fee	Free

[Edit](#)

[Previous](#) [Complete Registration](#)

Neon CRM by Neon One

6. At this point, you will get a notice, as seen on the screen below, that an acknowledgment email is going to be sent shortly.

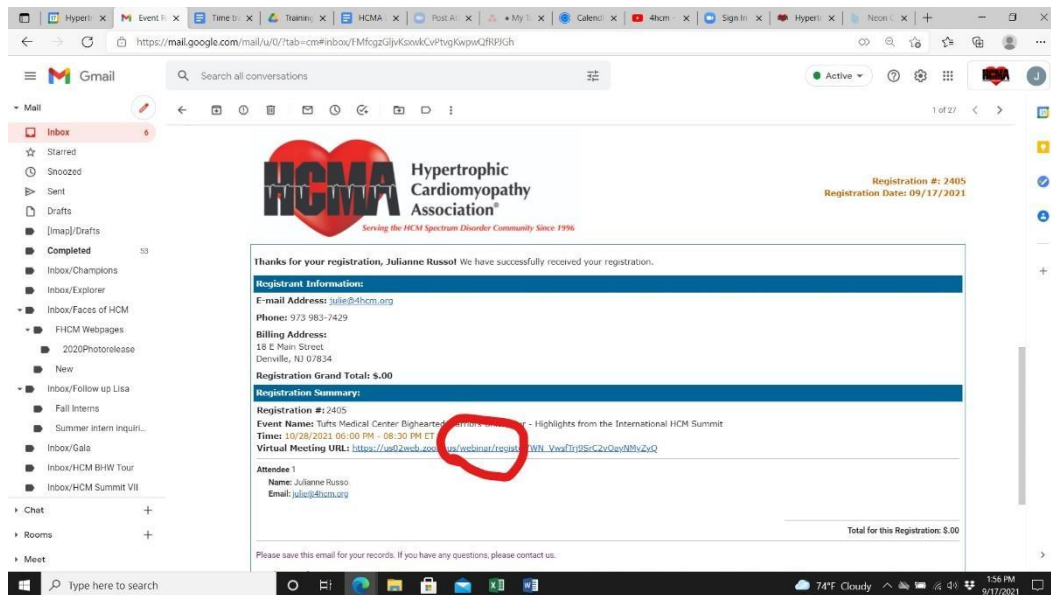
Please check your email to ensure you have received this email, as it will either contain the meeting link or it will instruct you on the next steps (if necessary) to complete your registration.

**\*\*NOTE:** If you are signing up for a zoom webinar meeting (ex. Bighearted Warriors Unite events), you **WILL** be given instructions with additional steps in the registration process.


If you do not receive this email within a few minutes, please check your “spam” file. If it is not there, contact us at [support@4hcm.org](mailto:support@4hcm.org) for further assistance. ***It is important that you do not wait until a few minutes before an event is about to start to check for this acknowledgment email so that we have enough time to assist you before the event!***







- \*\*For a Zoom Webinar, Zoom requires an additional step before you get the meeting link.** The picture below highlights the link that you must click on to complete the registration process for a Zoom Webinar.



- 9. Once you click on the link, you will be brought to the Zoom Webinar Registration Link, as shown below. Enter the required information and click the “Register” button at the bottom.**



## Webinar Registration







This webinar is for users with a Zoom account. [Here to Attend Sign up Now](#)

**Type:** **Saba Medical Center Special Edition Healthcare Workers Unite: Tour - Highlights from the International HCM Summit**

**Description:** 6:00-6:05P Introduction - Martin S. Mann, MD  
 6:05-6:25P HCMA Presents Summit Overview - Lisa Seberg, CEO  
 6:25-6:45P Singular Treatment of Heart Failure - Highlights - Michael Roberts, MD/MSH  
 6:45-7:05P Acute Myocardial Infarction: Hypertension and nonobstructive HCM - Highlights - Ethan J. Rowin, MD  
 7:05-7:15P Imaging in HCM & Sudden Death Prevention - Highlights - Martin S. Mann  
 7:15-8:30P Discussion of Summit Highlights with Q&A - All

**Time:** Oct 28, 2021 06:00 PM in [Eastern Time \(US & Canada\)](#)



Healthcare  
Communications  
Marketing  
Association

**\* Required Information**

First Name \*

Last Name \*

Email Address \*

Confirm Email Address \*

Information you provide when registering will be shared with the [account owner](#) and host and can be used and shared by them in accordance with their Terms and Privacy Policy.

**Register**

- 10. You will receive a confirmation from Zoom “Webinar Registration Approved” as seen on the screen below. Note: The webinar link you will need to get into the event will also be on this confirmation page.**

The screenshot shows a web browser window with multiple tabs open. The active tab displays a URL starting with "https://us02web.zoom.us/join/register?ZJocGqzKrfIdlOssekMbiXS1gN\_DIAm2A/success\_user\_id=vk1K-V0ISDW3f-rjp\_ycWA&timezone\_id=America%2FNew\_York". The main content area features a video player titled "Bighestard Warriors Unite Tour - Highlights from the International HCM Summit". Below the video, the text "Webinar Registration Approved" is displayed. Further down, the following information is provided:

- Topic:** Tufts Medical Center Special Edition Bighestard Warriors Unite Tour - Highlights from the International HCM Summit
- Description:**
  - 6:00 - 6:05 - Introduction - Martin S. Maron, MD
  - 6:05 - 6:25 - HCMA Presents: Summit Overview - Lisa Salberg, CEO
  - 6:25 - 6:45 - Surgical Treatment of Heart Failure - Highlights - Michael Rohlik, MD MSPH
  - 6:45 - 7:05 - Atrial Fibrillation, Pulmonary Hypertension and nonobstructive HCM - Highlights - Ethan J. Rowin, MD
  - 7:05 - 7:15 - Imaging in HCM & Sudden Death Prevention - Highlights - Martin S. Maron
  - 7:15 - 8:30 - Discussion of Summit Highlights with Q&A - All
- Time:** Oct 28, 2021 06:00 PM (is Eastern Time US and Canada)
  - Add to calendar +
- Webinar ID:** 815 7845 2176

Below this information, there is a section titled "To Join the Webinar" which states: "Join from a PC, Mac, iPad, iPhone or Android device." It provides a long URL for joining the webinar and a QR code. At the bottom, there is a link to "Cancel This Registration".

Lastly, you will get an email that will also include the link for the webinar.

Sample email below.

